

POETRY PRAYERS Written by Sarah Are

There are a number of ways to utilize poetry in your ministry. You might print and distribute these prayers to members in your community, or read them aloud to open and close study sessions. In worship, you could offer a poem as an opening reflection, a meditation during the sermon, a moment of reflection after the sermon, or as a written prayer printed in the bulletin. However you utilize these poems, please include credit as follows: Prayer by Sarah Are | A Sanctified Art LLC | sanctifiedart.org



Nickels

My grandfather pressed a nickel into my hand-

One of those small silver circles

That countries are built on

And people live and die for.

I cupped my eight-year-old palm around it

As if that gift could become a part of me.

And once I had blessed it,

And once I had tossed it,

And once wishes had been made on heads and tails,

It was time to let it go.

I laid that cool silver circle

That countries are built on

And people live and die for

On the railroad tracks.

And after the train passed,

I marveled at how something so small

Could endure so much

And still be here at all.

But I guess you could say the same for me.





Rev. Sarah Are, Founding Creative Partner of A Sanctified Art

Sarah (she/her) is the Associate Pastor for Youth and Young Adults at Preston Hollow Presbyterian Church, Dallas, Texas. She graduated from Virginia Commonwealth University with a degree in Social Work, and holds a Master of Divinity degree from Columbia Theological Seminary. Sarah loves to combine her love of all things creative with her passion for God. She believes that the Church has a responsibility to open every door to God, so that those of us who are visual, kinesthetic, or relational learners all have equal opportunity to engage God to the fullest of our abilities. Sarah feels called to live her life welcoming people into the church by using her energy and passion for beautifully scripted words, raw and relevant liturgy, and hands-on worship experiences to engage our longing for God and the need for justice in this messy world.